

Pre-Surgical Rehabilitation

A specialized evaluation and treatment program targeted specifically for patients undergoing joint surgeries



Pre-Surgical

Post-Surgical



Cost reduction of up to \$1,200 in savings that would have otherwise been spent on post surgical care

Optimizes the outcomes of a surgical procedure

Reduce time required for recovery by up to 30%

Physical therapy before surgery gives patients a better chance at an improved quality of life after the surgery

Patients regain strength faster

Better prepared patients produce better functional outcomes

Work with the same therapy team Pre and Post Surgery who know you, your history, and your goals

- ▶ Rehabilitation is initiated at the 4 week pre-surgical mark consisting of 1-3 visits
- ▶ A physical evaluation, home safety instruction, and standardized functional assessment will be performed. The individualized pre-op plan of care is based on the patient's needs from the evaluation and assessment findings
- ▶ Candidates for Pre-Surgical Rehabilitation are determined by your Physician

- ▶ Patient understands what pain is and how it works, and has realistic expectations for post-surgical pain.
- ▶ Patient undergoes standard follow-up imaging, tests and treatments.
- ▶ Pre-Surgical Rehab will produce improved patient satisfaction, physical performance, and functional outcomes.

Find out how you can participate in Pre-Surgical Rehabilitation before your next surgery. In clinic or telerehab virtual visits available.



For more information, call 240-566-3132