

Colorectal Cancer

Colorectal cancer (CRC) is the **2nd leading cause of cancer death** and the **3rd most commonly diagnosed cancer** for men and women in Maryland combined.

Screening & prevention

Regular screening, beginning at age 50 for persons over average risk and at age 45 for African Americans, is the key to preventing colorectal cancer.

50% Colorectal screenings prevented **about half** of expected new cases and deaths between 2003 and 2007.

Know the symptoms!

Some early stages of CRC may not show any signs or symptoms. Signs and symptoms of CRC include:

- Ongoing change in bowel habits
- Narrower Stools
- Blood in the stool
- Rectal bleeding
- Unexplained weight loss
- Frequent gas pains, bloating, fullness, or abdominal cramps
- Feeling very tired

Who is affected?



An estimated **92 Frederick County residents were diagnosed** with Colorectal cancer in 2018.

An estimated **36 Frederick County residents have died** from Colorectal cancer in 2018.

Incidence in Frederick County by Ethnicity, per 100,000



African Americans have the **highest colorectal cancer incidence and mortality rates** of all racial groups in the US.

Who is at risk?

