



JUNE 2018



the Stethoscope

A Monthly Newsletter of the FMH Auxiliary and Volunteer Program

400 West 7th Street Frederick, MD 21701

Volunteer Office: 240-566-3567 - Website: www.fmh.org

Stethoscope Website: <http://www.fmh.org/About/Volunteering/Newsletter.aspx>



8 New Members

Andrew Kindred

Brad Schepp

Carole Henderson

Jasmine Gulati

Andree Grove

Stuart Scarborough

Shirley Fillgrove

Bonnie Levy

Newsletter Committee 2018 Issue 05

Editor and Co-Chairs:

Jan McLoon & Jacob Moseley

Circulation Committee:

Margaret Moseley, Beth Callahan, Karen Dotterer, Dorothy Kovatch, Brenda Myers, and Elsie Warnock

President's Message

Joseph Collins

The torrential rains that flooded our beloved Frederick have ended and June has arrived with its promise of sunshine, warm days, bright flowers and farm fields of young crops.

The Auxiliary welcomes June with its popular picnic at the lovely Monocacy Village Park. Another great evening of fun and friendship thanks to the tireless efforts of Pat Dickinson and the members of her R & A Committee has been planned. Later in the month, we will have another fundraising event - the Uniform Sale – that will be held in the Auxiliary Conference Room.

Thursday, June 14th is the Annual Auxiliary Membership Luncheon and election of officers. The event will again be held at the historic and beautiful Ceresville Mansion with a full house expected for this signature Auxiliary event. I want to thank FMH President Tom Kleinhanzl and the hospital administration for covering the cost of the luncheon and their continuing support of the Auxiliary.

Renovations at Select Seconds are currently underway, and we look forward to the reopening of what will be the number one retail destination in downtown Frederick once completed. I want to thank all the volunteers involved in this service for their understanding and patience in this monumental endeavor.

It's hard to believe that my term as Auxiliary President is ending, and this will be my last newsletter. I want to take this opportunity to thank my fellow Auxiliary officers, committee chairpersons, Sharon Hannaby and her staff and most of all you the volunteers of the greatest hospital Auxiliary in Maryland for all your support during the past two years. It has been my privilege and honor to have worked with you and for you.

I want to wish everyone a glorious summer and look forward to an exciting future for our Auxiliary.

Dear Friends,

Summer weather is finally here. I think we are all ready for longer and warmer days. I hope you are well and that you are able to enjoy some vacation time with your friends and family members.

I've been hearing many positive reports about Healthcare Week. I hope you were able to enjoy the Kona Ice truck or a snack from our folks who were rounding. Or maybe you had a chance to greet the therapy dogs as they made their way around the hospital and a few offsite locations. Healthcare Week is our opportunity to say thanks to you, for all you do.

You have probably heard a bit about our Accelerate 20/20 program. We just completed our first 100-day workout, focused on waste management. By waste, we mean wasted money, time or processes. It was a great success and a real lesson in how we can quickly achieve change in a rapid cycle program. Thanks to all who forwarded ideas.

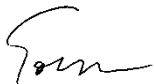
One of our more innovative ideas came from the FMH Auxiliary Gift Shop. We purchased a second helium tank, so we no longer worry about running out of helium. That keeps us from getting a refill too soon and potentially wasting half a tank of helium. All these small savings add up tremendously.

Our next exercise is related to revenue enhancement. We are looking for ways we can improve our processes related to registering and treating patients, referring patients on to the appropriate level of care and reducing barriers to receiving care, to name a few. Please speak up if you have ideas on how we can enhance our processes. You are our eyes and ears within the health system and you have an opportunity to observe many patient interactions.

I always enjoy the events where I get to spend time with you. Last month we were pleased to award scholarships to some of our younger volunteers and I'm looking forward to the FMH Auxiliary General Membership lunch coming up later this month.

The senior leadership team and I thank you for the hours you donate and the expertise you provide. We're so grateful to have you as part of our team.

Best regards,



Tom Kleinhanzl
President and CEO
Frederick Regional Health System

First and foremost, let me say “thank you and fond farewell” to Amy Wheeler. Amy has been a volunteer coordinator with us for over 7 years. Her kindness towards others, positive attitude, and gentle nature will be greatly missed. She truly cares for the volunteers and your mission here at FMH. I wish Amy the best of luck in whatever new adventure may await her.

I also would like to say a huge “thank you” to Joe Collins. His 2-year presidency has seemed to fly by! A great deal was accomplished during his term, including the completion of the \$1 million pledge to the James M. Stockman Cancer Institute and the beginning of the renovations at Select Seconds Thrift Shop. Joe can feel proud of all that the Auxiliary has done during his “reign”.

Finally, my thanks to all of you. I sometimes feel I don't say it enough but “thank you”. This hospital is so blessed to have such an amazing group of people who selflessly give your time and talents to giving our hospital and health system the warmth and caring that only a volunteer can provide. Your green vests/jackets truly are your Super Hero uniforms.

Always!!

Select Seconds Notes**Pam Schaffert**

In case you didn't know, Select Seconds is currently undergoing a major renovation and is temporarily closed. We cannot accept any donations during this time.

The bulk of the renovation includes new carpeting, paint, electrical and lighting, additional security, and a new front counter as well as several other upgrades. The shop will most likely remain closed through the month of June. We want to thank our volunteers in advance for all the hard work yet to come getting our shop re-stocked and up and running again. Once completed, our volunteers and patrons will have the pleasure of working and shopping in our newly renovated space!

Gift Shop**Sharll Hane**

Mother's Day is behind us and Father's Day is coming up, stop by and see what we have for your dad. Summer is just around the corner, we have Crab salt and pepper shakers, and Crab bowls to hold dips. We have butterfly and dragonfly pins. Don't forget your graduation gifts.

We started a Drink Loyalty Program last month and so far, it is working great. It is for hospital employees and volunteers. If you purchase any 10 drinks out of our Coke case, you get the 11th free.

Last month we started the early shift, we opened at 7:00 am the last Tuesday of the month for the employees who work late nights. It looks like it is successful, therefore we will be opening at 7:00 am on the last Tuesday of the month for the employees who work late night/early shifts.

Just a friendly reminder...the annual Auxiliary membership dues payment deadline is July 1st, which isn't as far off as some of us would like to think! Invoices were sent out in early May, and many thanks to all who have already made payment!

You can drop them off or mail them in to the volunteer office to my attention (please don't mail cash). Our dues pay for the operational costs of the Auxiliary, as all our fundraising monies must be used for the benefit of the hospital. Thanks again for your support!

Volunteer Award Hours

Joann Ramsburg

<u>100 hours</u>	<u>1,000 hours</u>
Alice Ford Thelma Davenhall Barbara Snyder Elizabeth Jones Barbara Farmer	Patricia Steele Linda Gordon
<u>500 hours</u>	<u>2,000 hours</u>
Pamela Smith Susan Birch	Nancy Zeim

Hour-by-Hour

Hours Committee

Posting hours needs your help. When signing in, please print your name in block letters, no cursive. You need to use your name that was used on your application, as this is how your account was set up. No nicknames or name changes. For example, Katherine is not Kathy. The computer knows you only as Katherine.

We have had a change in the account numbers. Please use the number on the front of your badge now, not your SS number. **Print** as neatly as possible. If we cannot read your sign in, we cannot give you the credit hours earned. When you sign in or out, please use the nearest quarter of the hour. Again, our system will only accept quarter of the hour entries. We really appreciate your help in doing this task.

Total hours given in April 2018: 7,295.50 by 483 volunteers.

Juniors: 630.50 hours by 89 volunteers

College: 637.50 hours by 48 volunteers

Seniors: 6,027.50 hours by 346 volunteers



Hats off

Bonnie Walters/Amy Wheeler

We would like to congratulate our latest recipients of the President's Volunteer Service Award. This prestigious honor is awarded to high school seniors who have, within a one-year period, volunteered at Frederick Memorial Hospital for at least 100 hours.

Winners of the Bronze 2018 President's Volunteer Service Award include:

Noah Lenker, Jacqueline Liu, Ella Mitchel, Maria Celeste Moreno, Bethany Sechler, Neha Vashishat, and Lindsey Zarnick

Kimberly Siguenza is our sole recipient of the Silver 2018 President's Volunteer Service Award with 175+ hours of service to Frederick Memorial Hospital.

We thank these Junior Volunteers for their outstanding service and commitment to Frederick Memorial Hospital. They are truly wonderful role models for our other Junior Volunteers and for young people in general.

We would also congratulate all our high school graduates on the first of many proud and successful achievements in their lives. We wish them all the best as they begin the next leg of their journey.

Auxiliary Newsletter

Jan McLoon

As I end my years of doing the Stethoscope, I want to thank everyone for their help and support. It's been a fun job but now it's time to take a break and try other volunteer services. The next Editor is Jacob Moseley and I'm sure he will continue to bring you a fun and interesting newsletter. My special thanks go to the Newsletter Circulation Committee, the Volunteer Office staff and Ken Stely in the Print Shop with their assistance in coordinating the news each month.

Scholarship awardees for 2018 were presented certificates at the Auxiliary Board Meeting on May 15th. This year two awardees were given \$2,000 each, and five were given \$1,000 each.

Thilinie Kuruppu was chosen this year as our Kay Hartmann recipient. Mrs. Hartmann was the founder of the Junior Volunteer program at FMH and each year a scholarship is given in her memory. Thilinie has volunteered 383 hours at our hospital and has an outstanding academic record at Urbana High School, where she is first in her class. She has a keen interest in science and has been an active member of the Science Olympiad Team and a National Honor Society Member since 2015. She has also helped with many philanthropic activities in Frederick Rotary. She wants to pursue a career in Biomedical Engineering.

Our next award is given to a student, who hopes to pursue a career in nursing and is given in the memory of Alma Whitehouse. Alma was a volunteer from 1991 to 2010 and her sister was a nurse and later head of nursing at FMH for many years. This award is given to Bethany Sechler, who is graduating from Frederick High School, where she is first in her class. She plans to attend Towson University and to pursue a career in nursing and then to eventually become a nurse practitioner. She credits her volunteering at FMH with helping her shape her future.

Roshni Patel is a graduate of Walkersville High School and has volunteered 355 hours at FMH. She is first in her class and has been active in the Science Olympiad for 4 years and on the Academic team for 3 years. It is a credit to our Junior Volunteer program that Roshni and others have said that volunteering at FMH has taught them how understanding and empathy help others. She wants to pursue a career in Medical Research.

Shika Inala is a graduate of Urbana High School and first in her class. She has been an intern at the National Cancer Center since 2017. She has also mentored students in the Adventures in Science Program at the National Institute of Standards and Technology. She loved volunteering at FMH and contributed 278 hours. She hopes to become a Neurologist.

Bailee Brown is graduating from Thomas Johnson High School and was first in her class and a bronze Presidential Award winner. She has worked as a student intern at Pivot Physical Therapy and is her school's yearbook editor. She praises the interpersonal skills she learned volunteering at FMH. She hopes to become a physician.

Samir Ismail is a Thomas Johnson High School graduate with an outstanding academic record and test scores. Besides volunteering at FMH, he has volunteered at the Frederick County Public Library and has been a teacher at his local Islamic Center. He also praises his volunteer experience at FMH for affording him the opportunity to have meaningful discussions with patients. He hopes to become a Neurologist.

Manish Singh is a graduate of Thomas Johnson High School, where he is first in his class and a bronze Presidential Service Award winner. He has been an intern at the National Cancer Center since June 2017 as well as volunteering at the C. Burr Artz Public Library, and the Earth and Space Science Center. His goal is to become a physician.



Select Seconds

Betty Kreh

Sales for the month of April was \$18,169.23.

Gift Shop

Sharll Hane

Profit for the month of April was \$8,095.27.

Fundraising

Mary Lou Minnick

Profit from the May Books Are Fun Sale was \$1,618.62.

Have a wonderful 4th of July





Frederick Memorial Hospital Auxiliary
400 West Seventh Street
Frederick, MD 21701

Non-Profit Organization
U.S. Postage Paid
Frederick, MD. 21701
Permit No. 6

CURRENT RESIDENT OR:



June 6 - Annual Picnic

June 14 - Annual Membership Luncheon

June 25-26 - Uniform Sale

August 2 - Pretty Pickens Jewelry