



Summer 2026



the Stethoscope

A newsletter of the Frederick Health Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: www.frederickhealth.org

Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

Auxiliary President's Letter

Cathie Deadrick

Greetings! I'm Cathie Deadrick, your new Auxiliary President.

I've been volunteering at the hospital since 1995, which means I've taken the mandatory compliance tests a lot of times! When I started volunteering, we wore pink uniforms just like the pinkie puppets. I grew up in Silver Spring, graduated from Springbrook High and the University of Maryland, and had the opportunity to live abroad as my father worked for the National Security Agency. I'm fortunate to have an incredibly supportive husband, Steve, and we've been married for 47 years. We have a daughter and son (both of whom served as junior volunteers), their spouses, two granddaughters and a new grandson. My volunteer journey has taken me all over the hospital. I began in a role like Wings, then led school tours and have served on several hospital committees. I was a retail manager for many years and I'm hoping that experience will prove useful in the Gift Shop and Select Seconds. My degree in Journalism led to work as a newspaper reporter and editor. I pride myself on being an effective communicator and I'd like to hear from you as well. I recruit, train, and supervise Court Appointed Special Advocate (CASA) volunteers at the Mental Health Association in Frederick so I am familiar with the work of our very own Erin Betz. (CASA volunteer advocate for children in foster care.)

Volunteering at the hospital is serious business. Every role we fill makes a difference in the lives of our patients, families, and staff. Opportunities to connect with one another are important to the work we do. Plus, fellowship makes every job more fun! I've enjoyed chairing the Recruitment and Appreciation Committee, organizing lunch bunches, the picnic, and annual luncheon. Please save the date for the Auxiliary Fashion Show which raises money for scholarships. It will be held at Dutch's Daughter on October 28 at 5 pm. Bring family and friends!

As your president, I know I have much to learn about all the ways we volunteer. I ask for your patience and support. I promise you'll know my heart is in the right place... this place....in this remarkable Auxiliary, alongside each of you, serving the amazing hometown hospital we're proud to call Frederick Health.

Thank you for everything you do, and I look forward to working with you.

President's Letter _____ Cheryl Cioffi

Dear Frederick Health Auxiliary Family,

With summer upon us, I hope you will take a moment to reflect on all you have helped make possible in 2026 thus far. Through your time, dedication, and generous support, you have made a meaningful difference for our patients, their families, and the broader Frederick Health community.

Our year got off to a great start with the opening of our Frederick Health Blood Donor Center at Frederick Health Village. We recently celebrated World Blood Donor Week in June, and were so grateful to see so many familiar faces—including those from our auxiliary! Thank you for giving back to our community in more ways than one.

Our partnership with the Frederick Keys' this season has been a homerun! Our "all-star" Labor and Delivery Nurses and our Nurses of the Year were recognized out on the field for their lifesaving work and contributions to our community. You can still get discounted tickets to the Keys games with code FREDHEALTH26—I hope to see you there!

In other great news, our hospital was recently recognized by Becker's Healthcare as one of four "Great Community Hospitals" in Maryland. This recognition emphasizes a fact we already know: that our hospital is an essential pillar supporting our community. Thank you all for making this award and the fulfillment of our mission possible.

In the months ahead, you may see construction areas as we refresh our adult inpatient rooms, Labor and Delivery rooms, and family rooms. These updates will help us better serve our fast-growing community and create spaces that support healing for patients and peace of mind for families.

I am looking forward to seeing you at our annual Team Picnic on Wednesday, August 26, 2026. It will be a chance to relax together, share stories from the year, and celebrate the impact we have made as a team.

As always, I thank you with immense gratitude for giving your time so generously back to our community. You have left a huge imprint on Frederick Health and continue to help make it a better place. Your support strengthens our mission in ways that reach far beyond what can be measured. Thank you for everything you do to help Frederick Health serve our neighbors, friends, and family.

Have a great summer,

Dr. Cheryl Cioffi

President & Chief Executive Officer



Cheryl Cioffi with Cathie Deadrick, Auxiliary President

Director of Volunteer Services Message

Erin Betz

A note from Erin ...

As summer settles in, it's hard to believe we've already turned the page on another fiscal year. Whether you've been welcoming visitors with a smile, delivering comfort to patients and families, working behind the scenes, or lending a hand wherever needed, your presence has made a meaningful difference every single day.

As we reflect on Fiscal Year 2026, we have much to celebrate. Thanks to the dedication of our incredible volunteer team, together you logged 53,568 hours which equates to \$1,935,947.50 in savings across the hospital system!!! You have supported countless patients, visitors, and staff, and continued to strengthen the compassionate culture that makes our hospital so special. Every interaction, every kind word, and every helping hand contributed to an exceptional experience for those we serve.

This past year also marked an exciting season of growth for our department. We expanded volunteer opportunities to include our new Lobby Greeter, Preop, and the Family Center. These new service areas allow volunteers to make an even greater impact by providing comfort, guidance, and support at important moments in a patient's and family's journey. Thank you to everyone who embraced these new opportunities with enthusiasm and flexibility.

As we begin Fiscal Year 2027, I am excited about what lies ahead. We will continue building strong partnerships across the organization, exploring new ways volunteers can support our mission, and creating meaningful experiences for both our volunteers and the people we serve. Growth isn't just about adding new roles – it's about strengthening relationships, expanding our impact, and working together to meet the evolving needs of our hospital.

Many of you know that my word of the year is presence. It's a simple word, but one that carries tremendous meaning. Presence means being fully engaged, offering a listening ear, sharing a reassuring smile, or simply showing up when someone needs you most. Our volunteers embody this every day! Your presence often provides comfort that cannot be measured and creates moments that patients, families, and staff remember long after their visit.

On a separate note, mark your calendars for the annual Hospital "PICNIC DAY" scheduled to be held on August 26. As in years past, there will be two locations, the Hospital Cafeteria and Grounds as well as the Frederick Health Village. Stay tuned for more details and hope to see you there!

Thank you for your unwavering commitment, your generosity, and the compassion you bring to Frederick health each day. I look forward to another year of collaboration, growth, and making a difference together. Wishing you a safe, relaxing, and joyful summer!

Welcome New Volunteers

PACU	Maria Stoian, Claire Robb, Jeff Jezek, Sharon Eiler
Palliative	Alison Zerr, Paula Martinez, Jenny Houge, Sharon Eiler
Select Seconds	Nancy Sanders, Wendy Doheny
Preop	Robert Dudrow
Frederick Health Village	Kathy Heill
Family Center	Cathy Ambrogi
Peds ED	Catherine McKean
Bio Med	Myat Thein
Wags For Hope	Beth Kosar and Arthur 

All About Fundraising Joe Collins, Fundraising Chair

Summer has arrived in Frederick with its bright sunshine, hot days, thunderstorms, daily traffic jams on Route 15 and joys of being a citizen of historic and beautiful Frederick. While the citizens of Frederick enjoy the many shopping and leisure opportunities available in our grand community, the Auxiliary offers a variety of vendor sales during the summer months for the staff, administration and family at Frederick Health Hospital.

Kicking off the summer vendor sale season was the two (2) day Uniform Village sale on Wednesday and Thursday July 15 and July 16 in the hospital cafeteria. The Uniform Village offers a wide variety of quality uniforms, footwear and accessories that meet the demanding needs of the hospital staff. The month of August will feature a special sale by the popular Aura Gifts (formerly MMG Gifts) and its wide variety of reasonably priced merchandise advertised as “Fabulous Finds for the Family”. The sale will be for three (3) days with Tuesday August 11 in the beautiful Atrium at the Village location and two (2) days Wednesday and Thursday August 12 and 13 in the rear of the hospital cafeteria. Both sales offer payroll deduction for the hospital staff.

We will kick off the fall season with the \$7 Everything Sale presented by K&J Marketing from nearby Ellicott City offering a wide variety of boutique fashion accessories, jewelry, clothing, handbags and much more. It will be a one (1) day sale on Wednesday September 30 in the beautiful Atrium at the Village location. The very popular D&D Designs Jewelry will return for a two (2) day sale on Wednesday October 14 in the Atrium at the Village location and on Thursday October 15 in the hospital cafeteria. D&D Designs offers a wide range of quality jewelry, watches, fragrances and designer bags that enhance the wardrobe of the purchaser. Again, both vendor sales offer payroll deduction to the hospital staff.

Vendor sales continue to be popular with the hospital staff and provide them with the opportunity to purchase a wide variety of quality, unique and reasonably priced merchandise without leaving the workplace. These sales provide a source of funds for the Auxiliary and a unique opportunity for volunteers to interact with members of the hospital staff. Vendor sales offer payroll deduction to registered staff members, which requires a volunteer to operate the Quick Charge System for processing those sales utilizing payroll deduction. Volunteer shifts range from 2 to 3 hours, so if you have a few hours to spare, we would love to welcome you as a member of our fundraising team. It provides you with an opportunity to interact with the members of the Frederick Health Hospital fantastic staff and gives you first crack at purchasing some of the quality merchandise offered by our wonderful vendors.

As always a big THANK YOU to the dedicated members of the fundraising team for the success of the committee and who help spread the goodwill and energy of the Frederick Health Auxiliary each day of the year— 24/7!

Scholarship Awards

Tess Blumenthal

Summer Greetings! I'm Tess Blumenthal. I chaired this year's Frederick Health Auxiliary Scholarship Committee. Our dedicated committee this year included Hamp Tisdale, Madonna Vitarello, Wendy Mopsik, Harriett Brown, Patricia Ray, and Mamie Springer. I would also like to thank Bonnie Walters, FHH Volunteer Coordinator, for all the administrative help she provided. To qualify for the scholarships, students must be seniors graduating high school in Frederick County, planning on a career in a health-related field, and enrolling full time in a college or university for Fall 2026. Applicants are assessed on volunteer and work experiences, academic achievement, and a personal essay. Funds used for these scholarships come from memorial donations, individual donations, paid life memberships, and proceeds from Auxiliary events such as our fashion show and raffles. Our committee reviewed 16 completed applications this year, and we were pleased to award four scholarships, each in the amount of \$4,000.

Our President's Scholarship winner this year is Pari Desai, who graduated from Urbana High School. Pari is an active Junior Volunteer here at Frederick Health Hospital volunteering in excess of 600 hours! This year, she is part of the Frederick Health Hospital Internship program which gives her firsthand experience with cardiologists and patients. This internship supports Pari's goal of becoming a Cardiothoracic Surgeon. Pari participated in a Georgetown Medical Internship last summer connecting via telehealth with doctors and patients in Nigeria. Pari shared in her essay that she will use her hands to help others globally, bringing light into someone's darkness.

Our next scholarship recipient is Nainitha Chalamalasetty who also graduated from Urbana High School. Nainitha is receiving the Kay Hartmann Scholarship. This scholarship is given each year in memory of Kay Hartmann who was the founder of the Junior Volunteer program here at Frederick Health. Nainitha is an active Junior Volunteer here at FHH contributing over 275 hours as well as participating in the Hospital's Internship program this spring. In addition to her interest in the medical field, Naintiha has had numerous experiences in coding, robotics, and a variety of STEM activities. She shared in her essay some personal thoughts she has gained through her experiences leading her to realize that illness and diseases do not affect everyone equally and are shaped by social factors. She hopes to become a physician who practices clinical excellence along with patient-centered care. We wish you the best as you begin the journey to your medical career as a physician.

Receiving the Richard Kreh Scholarship is Jeslyn Joyal who graduated from Linganore High School. Jeslyn is also an active Junior Volunteer at FHH logging over 135 hours. She has volunteered in the nursing units as well as Wings, helping to transport patients. Jeslyn has participated and been a leader in numerous school activities such as Model UN, Key Club, and Women in STEM. Jeslyn has been a research intern both at Frederick National Lab and NCI in the areas of cellular imaging and AI based analysis. She has been an active volunteer in the community as an Election Judge and in her church. Through her interest in anatomy and her desire to help people regain movement, Jeslyn is interested in becoming an orthopedic surgeon.

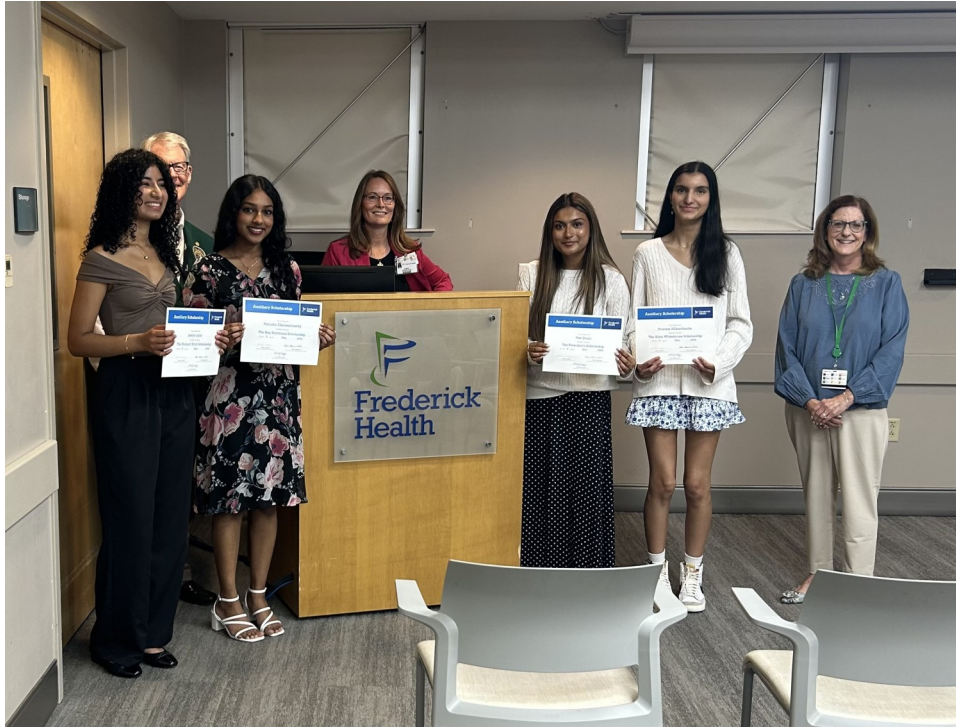
Our next scholarship recipient is Prerana Nilkanthache who graduated from Oakdale High School. Prerana is receiving the Alma Whitehouse Scholarship. This scholarship is given in memory of Alma Whitehouse who was a longtime volunteer at the FHH Auxiliary Shop Select Seconds. Ms. Whitehouse's sister was head of nursing at Frederick Health. Prerana has been an active Junior Volunteer as well logging 200 hours on the nursing floors and surgery check-in desk. She has been a pathology lab intern at FHH and has been active in various sports and school activities such as student government, Science National Honor Society and Feed Frederick. She is fluent in 3 languages and has a solid foundation in 4 additional languages. Prerana plans to study biomedical engineering to develop laboratory equipment that minimizes errors and maximizes efficiency by incorporating built-in safeguards and consistent performance.

Congratulations to each of our deserving scholarship recipients. They and their families were grateful for this generous scholarship to assist with the start of their college educations toward their chosen careers.

- Photo on following page -

Scholarship photo/Awards (cont.)

2026 Scholarship Award recipients



Veterans Appreciation Event _____ Brent Gross

Veterans Appreciation Day, hosted by the Frederick County Division of Aging and Independence and the Frederick County Veterans Advisory Council took place on May 2, 2026, at Frederick Health Village. This free community event featured a Veterans resource fair, a career fair hosted by the Frederick County Division of Human Resources, a quilt dedication ceremony for Veterans and Service Members, and a puppy-naming ceremony sponsored by Warrior Canine Connection. It was well attended and served to recognize those who have contributed selflessly while making available programs accessible.



Membership News

Deidre Lewis-Boswell

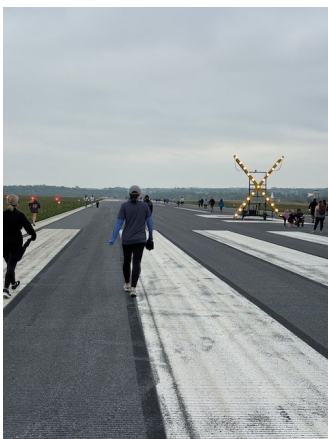
Just a reminder that if you have *not* paid your Auxiliary dues by August 1, 2026, you will be designated delinquent, meaning you cannot volunteer and will need to be re-qualified should you want to volunteer.

Please drop by the Volunteer Office with your \$10 dues or mail your check to:

Volunteer Office (Frederick Health Hospital)
400 W. 7th Street
Frederick, MD, 21701

5k on the Runway_____Brent Gross

Frederick Health and the Coalition for a Healthier Frederick County hosted the Runway to Health 5k at Frederick Municipal Airport on April 25, 2026. The special event included a 5k Race/Walk (3.1 miles) and 1-mile Fun Run/Walk on the airport runways and taxiways, finishing at the Aircraft Owners and Pilots Association (AOPA) hangar. Although the weather forecast for the day did not look good, it did not dampen the spirits of the runners and volunteers who participated.



Letter from the Editor _____ Brent Gross

As a co-editor of the Stethoscope, I have mostly enjoyed the work on the past eight issues despite the fact I had no training on Microsoft Publisher™, the designated software, nor any innate skills in such applications. So, I appreciate the kind words and understanding as I have tried to develop a limited capability with the software.

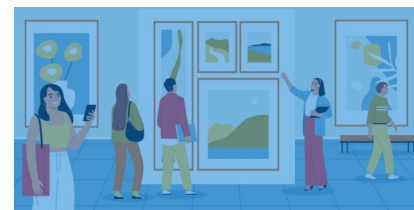
Now that I have developed a basic ability to work with text and graphics in Publisher, Microsoft has announced that support for it will end in October 2026. That means I will no longer be able to create future newsletters in Publisher or even open the files I have already made. Microsoft will instead focus on Microsoft Designer, a cloud-based, AI-powered tool.

I have begun to work on a new software package for Stethoscope issues. While I will attempt to retain some format similarities, I appreciate your understanding in advance as the format will look different.

Crestwood Art Gallery

Marylee Newman

The FHH Auxiliary assumed responsibility for the Crestwood Art Gallery (formally known as The Women's Center Art Gallery) in June of this year. The gallery features rotating exhibits of original paintings, photography, and mixed media works by local artists and has been in existence for more than eight years. A portion of the sales goes to the Auxiliary healthcare scholarship fund. The current exhibit runs through September 11. Three Auxiliary volunteers have become the art curators: Marylee Newman (lead), Bridgette Han, and Gaye Lynn Wilson. Please make a point to visit. The art gallery is located at 7211 Bank Court, Frederick, MD 21703



Good Samaritan of the Year _____ Brent Gross

Frederick Health has named Bettie Jane Bryant the recipient of its 2026 Good Samaritan of the Year Award. Bryant was honored posthumously on May 13 at the annual Good Samaritan of the Year event attended by Frederick Health's benefactors and community guests.

First presented in 1991, the Good Samaritan of the Year Award—Frederick Health's most prestigious honor—honors an individual (or individuals) who have made a meaningful difference in Frederick County. Each year, members of the community are invited to nominate individuals for the award, and a selection committee reviews those nominations before selecting the honoree. This year, Bettie Jane Bryant was selected for her decades of community service, philanthropic leadership, and support for local cancer patients.

Throughout her career, Bryant became known for both her dedication to dance education, and for instilling in her students the importance of service, generosity, and community involvement. For more than 60 years, she directed annual benefit dance recitals that supported a wide range of local causes and organizations. In 2011, following her own 2008 breast cancer diagnosis, Bryant established the Bettie Jane Cancer Foundation, a volunteer-run nonprofit focused on reducing the financial burden of cancer treatment for local cancer patients, having provided tangible support to more than 400 individuals.



Pictured: (Left): Kathryn Landis-Bogush, President of the Bettie Jane Cancer Foundation and lifelong friend of Bryant, accepted the Good Samaritan of the Year Award on Bryant's behalf at Frederick Health's annual event on May 13; (Right):

Auxiliary Luncheon Brent Gross

The Frederick Health Hospital Volunteer Auxiliary luncheon, held at the Ceresville Mansion on June 25, 2026, was attended by a robust crowd of 85. In addition to a welcome speech by Dr. Cheryl Cioffi, CEO and President of Frederick Health, expressing her appreciation for the contributions of the volunteers, the assembled were pleasantly surprised by the Catoctones Barbershop Quartet, who performed a medley of anthems for our military branches and other popular songs.

Outgoing President John (Hamp) Tisdale took a vote of the slate of nominees for the open positions, and Pat Ray, former President, performed the installation/swearing in of our new President Cathie Deadrick, and the three nominees for the open positions, including Teresa Strasberg as Corresponding Secretary, Marylee Newman as President-Elect, and Corey Rabideau as Treasurer. A check for \$260,000, representing the final installment of the \$1,000,000 commitment from the Auxiliary toward the ReEnvisioning Critical Care campaign was presented to Dr. Cheryl Cioffi, CEO and Michael McLane, COO. The Auxiliary's contribution represents the single largest donation to the Critical Care campaign. Special thanks go out to Fundraising (Joe Collins and related volunteers), the Gift Shop (Sharll Hane and related volunteers) and Select Seconds (Co-Managers Pam Schaffert and Linda Allen as well as associated volunteers) for making this gift possible.



Auxiliary Picnic Brent Gross

The Frederick Health Auxiliary Volunteer picnic was held on Thursday, May 7, 2026, at Monocacy Village Park. Although the forecast was unfavorable, the weather held, and 40 to 50 attendees enjoyed good food, lively conversation, and a few spirited games of cornhole. Congratulations to Joe Collins, who made five consecutive cornhole swishes. Dr. Cheryl Cioffi, CEO and President of Frederick Health, took time out of her busy schedule to join us and offer heartfelt thanks for the volunteers' contributions. Also joining us this year were Shiloh and Cocoa from Wags for Hope, who were eager to be petted and kept a close eye out for dropped food. Thank you to everyone who organized and supported this fun event.



Another successful fiscal year has come to a close, thanks to the dedication of our incredible volunteers and the generosity of the community. Your donations of items to sell and your continued support have made our success possible. We sincerely thank everyone who contributed, and we look forward to another great year together!

Reminder: Our upcoming Bag Sale on Saturday, August 22 from 10:00 am - 2:00 pm. This is a twice-a-year event that we do prior to changing out clothing for the next season. We supply the bags; you fill them with as much merchandise as you can and pay only \$5.00 per bag.

STORE HOURS: Mon-Fri 10am-4pm and Sat 11am-4pm; we are also open on First Saturdays from 11am until 8pm.

The logo for the United States of America 250th Anniversary. It features the text "UNITED STATES OF AMERICA" in red at the top. Below it is a large "250" where the "2" and "5" are blue and the "0" is white with a blue American flag pattern. At the bottom, the word "ANNIVERSARY" is written in blue.



Frederick Health Auxiliary
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Contact Us: Volunteer Office at 240-566-3567

Visit Us: 400 W. 7th Street, Frederick, MD, 21701

We appreciate your feedback, comments, and questions



<https://www.frederickhealth.org/about/volunteering/>



<https://www.facebook.com/FrederickHealthAuxiliary>