



Fall 2021



the Stethoscope

A newsletter of the Frederick Health Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: www.frederickhealth.org

Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

Auxiliary President's Letter

Pat Ray

Happy fall! I hope each of you is enjoying the cooler temperatures and the shorter days and that you were able to do some fun activities over this past summer. It is hard to believe that the holiday season will be here in no time at all!

I am so thrilled to see many of you back at the hospital and at our off campus sites – it almost looks like things are back to 'normal'. It has been so difficult this past year and a half with the uncertainties of COVID and the difficulties of each variant; I hope that we are on the road to a full recovery soon. As I am here today there are 24 patients in hospital with COVID, but the trend is starting to drop. You – the Auxiliary – were the first group in the hospital to be 100% vaccinated and I am thrilled to tell you that those of you who received the Pfizer vaccine will be able to get the booster from Frederick Health. We are still waiting for word from the FDA and the CDC regarding the recipients of the Moderna and J&J vaccine, but will keep you posted as we find out any information. I do know one thing – the hospital has taken care of our needs with flu shots and vaccinations and I have great confidence that they will continue to do so.

I gave my report to the Frederick Health Hospital/System Board this morning and was pleased to report your gifts of time and treasure last fiscal year. The Auxiliary worked over 25,236 hours and gave the hospital \$153,000 toward our pledge for the Behavioral Health Unit (BHU) renovation. The State of Maryland values volunteer hours at \$28.54 per hour, so we provided over \$720,249 worth of service. The Chairman of the Board, Stephen Johnson, made it a point to mention to the Board about a recent visit to the hospital where he was waiting for a friend, he noted how very much of a difference the volunteers make to our patients and visitors. You all always have a friendly face (a smile under that mask) and are always willing to help. While the hours and money mentioned above mean a lot to the hospital, **you** are part of what makes Frederick Health a trusted partner – you are one of the first faces they see here, and what you do for our patients makes a tremendous difference to them.

Having said all that, we are still in need of volunteers in almost every service in the Auxiliary. If you – or any of your friends - are interested in working in the Emergency Department, or the Information Desk, or either of our retail shops please let us know – we are in need everywhere! The only service that does NOT need help is Surgical Information – but we have something for everyone! Love to shop – both the Gift Shop and Select Seconds are looking for help. With the holidays approaching, we need all the help we can get.

I am so very proud of all of you. We have weathered what is, I hope, the worst of the storm, and have come out on top. I cannot thank you enough for staying home and staying safe when that's what we needed you to do, and for coming back and helping your community by giving of yourselves to others in need.



Hospital President's Message

Tom Kleinhanzl

Dear Friends,

I hope this message finds you healthy, rested, and enjoying the changing seasons. I have already started to notice some leaves on the ground; it will not be long until fall is here, and the holidays are right around the corner. I always enjoy the holiday season, as it is a welcome opportunity to reflect on the past year and be thankful for all that we have accomplished together.

The holidays are a time for traditions, especially ones that mean so much to our community, and I am happy to say that Frederick Health will be holding the annual Tree of Lights Ceremony. For over 30 years our community has enjoyed this tradition, and I look forward to celebrating with you.

While our team made some serious gains in the battle against COVID-19, the summer months saw an unfortunate increase in hospitalizations nationwide. Statistics show that the majority of people being hospitalized are unvaccinated, so if you know someone who still needs the COVID-19 vaccine, you can visit FrederickHealth.org/Vaccine to find a nearby clinic. While our hospitalization numbers here in Frederick did see a slight increase, we continue to be near the top of vaccination rates. In fact, I recently saw that Maryland was 7th in the nation in vaccination levels. What a great accomplishment!

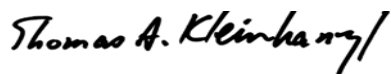
In September, we debuted our much-anticipated Frederick Health Mobile Clinic. This clinic, which was funded by a grant from the State of Maryland, is helping us bring quality, award-winning healthcare to parts of the county where access or transportation is limited. This clinic is not only focused on providing COVID-19 vaccines, but it can also perform check-ups, screenings, and other healthcare services. While COVID is still very present in our community, we are strong and continue to do what is right for our families, friends, and neighbors.

Our organization continues to grow and as part of this expansion, I am pleased to announce that Frederick Health has partnered with Mount St. Mary's to open a healthcare facility near the university's campus in Emmitsburg. This new facility, which breaks ground in October 2021 and should be open to the public by the middle of 2022, will provide care not only to residents in the northern parts of Frederick County, but also to the staff and students at Mount St. Mary's. Progress on the Critical Care project addition at the hospital also continues. These exciting improvements are just another way of providing award-winning care to the community we serve. Stay tuned!

As we continue to expand, improve, and adapt our services, it goes without saying that we could not achieve these goals without your continued support. While so many things have changed in the last two years, your commitment, dedication, and efforts have remained a welcomed, steady presence.

On behalf of the entire Senior Leadership team, I wish you a very happy holiday season!

Kind regards,



Tom Kleinhanzl
President & CEO
Frederick Health



Director’s Letter

Sharon Hannaby

Many of us are struggling with getting back to “normal” post-COVID. This is due in part to it not really being “post” COVID but still “in” COVID. Spending the better part of the past 18 months at home, often alone, has taken its toll on all of us.

We want to help but need to know how. The volunteer office staff are actively engaging with some of our social workers to learn how to help those who are struggling with returning to some of their normal activities. If you have thoughts or ideas of things that would help you with this transition back to “normal”, please give me a call (240) 566-3567 or send me an email (shannaby@frederick.health) with any thoughts or ideas you might have for how we can help. Together, we can get through this.

What you do is important – regardless of your role as a volunteer. Frederick Health has not been the same without you here. Now that volunteers have returned, we need you to take your commitment seriously. If you work on a service that asks for you to find a substitute, you need to find someone to cover and let the office or your service chairman know. If you work for a specific hospital department and cannot make your shift, please contact that department to let them know if you will be away. COVID has been hard on all of us – especially the staff who are on the front lines. They depend on all of us to do our part to help. Your time and commitment are much needed and greatly appreciated.

We are now able to accept new adult and college volunteers. If you know someone who would like to volunteer, please have them contact the Volunteer Office at 240-566-3567.

Welcome back and thanks for all that you do, always!!



Meet the Hours Committee



Photo (Left) - *Front Row (Left to Right): Joann Ramsburg and Joan Derr **Rear Row (Left to Right): Marie Hoffman, Jan Kennedy, Ellen Noland, and Roxanne Ramsburg. Photo (Right) - Joan Derr (Chair)

The Hours Committee enters the hours you report to them into your individual record. These total hours are then reported monthly to the administration of the hospital. Awards are given in the form of pins to volunteers as they reach various levels of total hours worked. Prompt reporting of your volunteer hours is much appreciated.

As we near the end of another unique and challenging year we still have several great and fun vendor sales to sponsor and staff while offering the opportunity for everyone to do a little holiday shopping.

Before we end 2021 we have Lancaster Linens on Thursday November 11th for a one-day sale followed by Mindy’s Jewels with a two-day sale on Thursday and Friday, November 18th & 19th. We conclude the fundraising sales with popular vendor Collective Goods, for a three-day sale on Monday, Tuesday and Wednesday, December 20th, 21st and 22nd. The Mindy’s Jewels and Collective Goods sales will offer payroll deduction and all three sales will be held in the hospital cafeteria.

We are always looking for volunteers to help with the vendor sales that utilize payroll deduction. The shifts are short, the payroll deduction system is easy and it provides a wonderful opportunity to meet and interact with the hospital staff.

We are looking forward to a full calendar of fundraising events in the upcoming year of 2022 and I want to thank all of the volunteers who worked this year’s sales and want to extend an invitation to those volunteers looking for new ways volunteer to join us in 2022. It will provide you with an avenue to accumulate additional volunteer hours, interact with our wonderful hospital staff and have the first crack at shopping for a variety of new and unique merchandise.



2021 Fundraising Events in November and December

Lancaster Linens – November 11

Mindy’s Jewels – November 18 & 19

Collective Goods – December 20, 21 and 22



UPDATES FROM THE GIFT SHOP

The Gift Shop is currently open seven days a week. We have Fall items like Fall Gnomes to mugs and wall signs. We will be getting ready for the holidays soon. Stop by and see what we have. Remember, volunteers get 10% off gift items. We have given away 2,383 free drinks from the Drink Program since the start in 2018. This program is offered to hospital employees and volunteers. Sign up if you haven’t.

We currently have several slots open. Let Sharon Hannaby know if you are interested in volunteering at the Gift Shop.

- Submitted by Sharll Hane

Select Seconds

THE LATEST NEWS AT SELECT SECONDS! - Pam Schaffert, Co-Manager

Our store is full of “new to you” fall and winter clothing and accessories, as well as seasonal décor.

We are excited to announce that starting in October, Select Seconds will be returning to its pre-pandemic hours (see below). The shop’s management team thanks our loyal group of volunteers for “sticking it out” through these uncertain times. We couldn’t exist without them, and we appreciate them so much!!

Another big change at Select Seconds is that we have replaced our old cash register with a new Quick Charge point of sale (POS) system. The biggest benefit our customers will notice is that we now can provide sales receipts for all transactions! Also, Frederick Health employees will be able to use their hospital ID badge to charge purchases through payroll deduction, just like they can at the cafeteria and Gift Shop.



We are still very much in need of additional volunteers to work at the shop. If you are interested, or know someone who is, please contact our Volunteer Services Office and let them know you would like to join the Select Seconds team!

We think you will be impressed with the quality of our merchandise, our low prices, and our beautiful displays. Please come visit us at 8 East Patrick Street in downtown Frederick!

For the latest on Select Seconds, visit our Facebook page @SelectSeconds. Donations are accepted at the rear door during shop business hours.

Select Seconds Hours

Mon – CLOSED
Tue – Fri 10am – 4pm
Sat 11am - 4pm
(First Saturdays, 11am - 8pm)

8 East Patrick Street, Frederick, MD 21701

Beautiful Displays at the Select Seconds



Other News



TREE OF LIGHTSWE ARE MOVING

The annual Tree of Lights event will be held on Tuesday December 7th, at 6:00 pm at the Frederick Village. The event will also be shown on our social media. This year the levels of donations are \$25.00, \$50.00 and \$100.00 or more. If you donate at least \$100.00 you will receive an original Christmas ornament designed for us by local artist Yemi. These ornaments will also be on sale at the hospital gift shop and Select Seconds. The trees at the hospital will also be lit. All proceeds from the Tree of Lights go to fund the Auxiliary Scholarships for local graduating students who plan on majoring in a health-related field.

- Submitted by Donna Tisdale, Tree of Lights, Chairman



WINGS - Wings have been very excited to be back in the hospital since Tuesday, September 7. We are located at the main entrance alongside the Information Desk. For the month of September, Wings have completed 345 discharges and 248 errands and escorts. So far the month of October, we have seen a definite increase in calls. Wings are in need of volunteers on Friday mornings and Wednesday afternoons. Please think about helping the hospital by participating in Wings; you will get your steps in!!!!

- Submitted by Harriet Brown and Kathy Soria, Co-Chairs



JUNIOR VOLUNTEER SERVICE PINS

The entire Volunteer Services Team would like to congratulate and thank the following Junior Volunteers on earning their Frederick Health Junior Volunteer Service Pin. This service pin is awarded to junior volunteers when they have given 75 hours of service to the hospital. The October 2021 recipients are:

- Amanee Jamil - 91.00 hours
- Kush Patel - 101.75 hours
- Priya Patel - 105.25 hours
- Ashley Truffer - 86.50 hours
- Luke Vega - 81.75 hours



DUES — Auxiliary membership dues were due August 2021. If you have not yet paid your dues and wish to remain a member of the Auxiliary, please pay your dues as soon as possible to avoid being dropped from auxiliary membership.

Drop your \$10 by the Volunteer Office. Or, mail your \$10 to:

Volunteer Office, Frederick Health Hospital
400 West 7th Street
Frederick, MD 21701
Attn: Kathy Soria





From the
Frederick
Health
Auxiliary
Board of
Directors

FREDERICK HEALTH HOSPITAL

VOLUNTEERS NEEDED!



The Board of Directors of the Auxiliary want to thank you for all of your support, especially in the past 18 months. We appreciate your support of us at the hospital, at the Frederick Health Auxiliary Select Seconds Thrift Shop and the Frederick Health Auxiliary Gift Shop. We work very hard to fund raise as well as provide service to our patients and visitors to Frederick Health.

INTERESTED IN JOINING?

Contact the Volunteer Office at 240-566-3567 to sign up or for more information.

Website:
<https://www.frederickhealth.org/about/volunteering/>

WE NEED HELP WITH:

- Information Desk
- Gift Shop
- Select Seconds Thrift Shop
- Office of Cultural Awareness and Inclusion (Short Term)
- Stockman Cancer/Infusion Center (Substitutes)

NEWSLETTER COMMITTEE

Newsletter Committee is looking for additional committee members to help with the production and distribution of the Auxiliary newsletters. Current committee members are:

Mary Beth Clark (Chair) | Hongwei Xu (Editor & Graphics) | Elizabeth Brady (Proofreader)

Please contact Pat Ray at pray@frederick.health, or leave her a message at the Volunteer Office (240) 566-3567 if you are able to participate in this effort or want more information.



Frederick Health Auxiliary
400 West Seventh Street
Frederick, MD 21701

Non-Profit Organization
U.S. Postage Paid
Frederick, MD. 21701
Permit No. 6

CURRENT RESIDENT OR:

Important Reminders

As we slowly return to the hospital and off-site Frederick Health locations and resume volunteering, just a reminder that all **uniform policies** are to be adhered to. If in doubt, please contact the Volunteer office for clarification.

Masks — Masks must be worn on Frederick Health properties at all times.

Uniform — If you are at the hospital or off site location and you are working (i.e. getting credit for hours), you **MUST** be in uniform. Street clothes are not allowed.

Be aware that the long term construction project at the hospital means more limited parking. Please park in the parking deck and use the Staff entrance.

Contact the Volunteer office if you have questions.

