

Phlebotomy Post-Instructions Sheet

Team Member: The following team member provided care for you today and was honored to serve you:

Results: The results of most laboratory tests are sent to your doctor within 3 to 5 business days. Some tests may not be performed at our hospital lab, and may have to be sent to a reference lab. These results may take longer to be sent back to your physician.

Copy of Results: You may receive a copy of your results by:

1. Contacting your physician or
2. Accessing the FMH CARE patient portal by way of the Internet (not all results are available on the patient portal) or
3. Contacting FMH Medical Records Department at 240-566-3440 during normal business hours. You may be required to sign a release to obtain these results and any other medical records.

Bandage: Tips to avoid Bruising

4. Leave the bandage on for a minimum of 30 minutes.
5. Avoid carrying heavy objects with the arm used for phlebotomy.
6. If bruising occurs, apply ice to the area.

Notify your Doctor if:

7. Pain continues or increases at the venipuncture site or
8. If a tingling sensation occurs below the site or.
9. If the area around the puncture site becomes excessively red after 24 hours.

Survey: Our goal is to provide you with very good care. We hope we were able to accomplish that today. You may receive a confidential survey in the mail regarding today's visit. Your opinion is important to us, and we appreciate your taking a few minutes to complete the survey if you receive one in the mail.

Location/Contact Hours:	FMH HOSPITAL	MT. AIRY	Rose Hill	Crestwood	Urbana
	400 West 7th Street Frederick, MD	1502 S. Main St., Suite 201 Mt. Airy, MD	1562 Opossumtown Frederick, MD	7211 Bank Ct., Suite 130 Frederick, MD	3430 Worthington Blvd Frederick, MD
	240-566-3410 M-F 7a-430p	301-829-5844 M-F 7a-5p Sat 8a-12	240-566-4013 M-F 7a-6p Sat 7a-1p	240-215-1435 M-F 7a-6p	301-874-2163 M-F 8a-4:30p

Dean Pettit
 Manager Out Patient services
 240-566-4912

Jennifer Foor
 Outpatient Phlebotomy Supervisor
 240-215-1448

Service Excellence
 Customer Service
 240-566-3564



LABORATORY
400 West 7th Street
Frederick, MD 21701

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