

## Community Acupuncture

\$35 1<sup>st</sup> visit, \$20 after that! -5.25/\$29.75 1<sup>st</sup> VISIT ONLY Follow Up NO DISCOUNT  
\$85/5 visit package, \$130/10 visit package NO DISCOUNT

## BODYWORK SERVICES

	<u>60 min</u>	<u>Pkg. of 4</u>	<u>90 min</u>
Stretch Therapy (FST)	\$145	\$475	\$195
	<b>-\$21.75/\$123.25</b>	<b>-\$71.25/\$403.75</b>	<b>-\$29.25/\$165.75</b>
Acupuncture	\$130	\$440	\$150
Corrective/Medical Massage	\$130	\$440	\$150
	<b>-\$19.50/\$110.50</b>	<b>-\$66.00/\$374.00</b>	<b>-\$22.50/\$127.50</b>
Thai Yoga Massage	\$120	\$420	\$145
	<b>-\$18.00/\$102.00</b>	<b>-\$63.00/\$357.00</b>	<b>\$21.75/\$123.25</b>
Swedish Massage	\$80	\$280	\$110
	<b>-\$12.00/\$68.00</b>	<b>-\$42.00/\$238.00</b>	<b>-\$16.50/\$93.50</b>

## REIKI

90 min \$95 \* 60 min \$75 \* 30 min \$40 \* 15 min \$20 • Pkg. of 4 \$255  
**(\$14.25)/\$80.75 (\$11.75)/\$63.25 (\$6.00)/\$34.00 (\$3.00)/\$17.00 (\$38.25)/\$216.75**

## THERAPY BOX SIGNATURE MASSAGE

*Swedish or Thai Yoga massage enhanced with aromatherapy, crystals and Reiki*

80 min \$125 **(\$18.75)/\$106.25**

## SESSION ENHANCEMENTS

**Cupping** - Cupping may be added to other sessions or as standalone treatments.

15 min \$25 **(\$3.75)/\$21.25** 30 min \$45 **(\$6.75)/\$38.25**

**Reiki** - Reiki may be added to other sessions in 15 min increments @ \$1/minute **(\$0.15)/\$0.85**

## YOGA CLASSES

\$15/ drop in \$120/ 10 class package **(\$2.25)/\$12.75/drop in (\$18)/\$102 10 class package**

## PERSONAL TRAINING

\$75- 1x a week **(\$11.25)/\$63.75**

\$65- 2x a week **(\$9.75)/\$55.50**

\$55- 3x a week **(\$8.25)/\$46.75**

Meal Plan Counseling & Personal Training - \$620/Month **(\$93.00)/\$527.00**