

August 2018

the *Stethoscope*

A Monthly Newsletter of the FMH Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701

Volunteer Office: 240-566-3567 - Website: www.fmh.org
Stethoscope Website: <http://www.fmh.org/About/Volunteering/Newsletter.aspx>



Hey!
WELCOME
We're *very* **GLAD**
you're here!

10 New Members

Teri Smith-Jones
Margarita Thomas
Caitlin Mossburg
Patricia Dorgan
Carolyn Needle
Cynthia Rubio
Robert Pecor
Kimberly Harraka
Tess Samuel
Rachel Carballo

Newsletter Committee 2018 Issue 06

Editor and Co-Chairs:

Jacob Moseley
Jan McLoon

Circulation Committee:

Beth Callahan, Karen
Dotterer, Dorothy
Kovatch, Margaret
Moseley, Brenda Myers,
and Elsie Warnock

President's Message

Pat Ray

Now that summer is here in full force, I hope each of you have been enjoying the warmth and longer days. It has been a pleasure seeing so many of our junior and college volunteers filling in spaces while some of our senior adults take a break this summer. Seeing them enjoy learning while helping the community has been wonderful. I am hopeful they are laying the foundation of service and realizing how fun and rewarding volunteering can be.

I am pleased to announce that the renovations at Select Seconds Thrift Shop are almost complete, and we will have the grand re-opening on **Saturday, August 4**. Many thanks to Immediate Past President Joe Collins for his leadership in getting this project from the drawing board to completion. Betty Kreh and Pam Schaffert have provided the dedication, guidance, and leadership necessary as well as many, many hours to reassemble the shop in time for the opening. Finally, a huge thank you to Tom Kleinhanzl and the hospital leadership for their unwavering support of this renovation. Please come downtown to Select Seconds to see our new look and do some shopping.

I am honored and humbled to represent you as President. This Auxiliary has proven itself to be an important part of FMH. The fundraising efforts and services that you provide to our patients, their families and the Frederick community are beyond compare. I have enjoyed meeting many of you and look forward to meeting and spending time with each of the services. I thank all of you for your service, and I am awed by your dedication and achievements.

Dear Friends,

I hope you are enjoying your summer and that you have a chance to relax with family and friends. Thank you for continuing to volunteer your time and talent during these sunny days. Your commitment to the hospital and the system at large is always appreciated.

It has been a busy summer for those of you who are involved in the Select Seconds thrift shop downtown. The much-needed renovations will provide a better and brighter store for our customers as well as for our volunteers who spend so many hours there.

All of Frederick has been waiting anxiously for the grand reopening. We've even had media inquiries at the hospital asking for updates. Select Seconds has been missed, and it is wonderful to see it opening again as of August 4th. If you have not visited the store lately, please stop by soon to check it out.

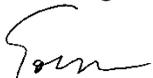
The hospital staff members have appreciated your ongoing fundraising efforts throughout the summer with the uniform sale and jewelry sale. You provide much-needed services in a convenient and accessible format for our employees while raising funds for the hospital with these efforts.

I'm sure you have noticed by now that we moved the Frederick Immediate Care location from Oak Street to the FMH Tollhouse building across from the hospital. We are promoting this location with an advertising campaign and on social media to make sure our community members know where to find us. Please help us spread the word by telling your friends and family about the new Immediate Care location.

We feel this location is ideal for Immediate Care. It is much easier to find, and the closeness to the hospital will be very important for any patients requiring a higher level of care.

The senior leadership team and I thank you for your ongoing dedication. You truly make a difference in our success and the care we provide to the community.

Best regards,



Tom Kleinhanzl
President and CEO
Frederick Regional Health System

Director's Letter

Sharon Hannaby

I would like to welcome Rachel Carballo, the newest member of the volunteer services staff. Rachel will be job sharing the volunteer coordinator position with Bonnie Walters. Each will work 20 hours per week, including some evening and weekend hours. Please stop by to meet Rachel if you have not already done so.

It is almost fall and the students will be going back to school/college soon. Now is a great time to recruit your friends, family members, and neighbors—especially those who are now empty nesters or grandparents whose grandchildren have gone off to school. Please share your experiences as a volunteer and invite others to join us.

I am so excited for the grand re-opening of Select Seconds Thrift Shop. The volunteers at the shop do such a great job turning people's donations into a bright, beautiful place to shop. The shop was closed for longer than anticipated, but I think all of us will find it was well worth the wait. Congratulations to the volunteers there on your newly remodeled work space.

Always!!

Junior Volunteer Program

Bonnie Walters

It wouldn't be summer without the addition of our new Junior Volunteers. This spring we invited 70+ high school students to join the Junior Volunteer Program. With the assistance of our trainers, all of our new Juniors were ready and eager to take their post at the Information/Wings Desks and the Nursing Units on the third floor after school dismissed in June. We thank those of you who have taken these young volunteers under your wing and helped them navigate the halls and floors of FMH as well as the ins and outs of their new positions.

I would like to extend a special thanks to Doris Gassaway, Linda Blowitski, Michelle Krantz, Neil Jenkins, Rachel Sklutuis, Maisha Khan, Rhea Puthumana, Erin Jones, Rachel Weiszer, and Bob Hoffmeister for their assistance in training our new Junior and College Volunteers. Volunteers like you truly keep the Junior Volunteer Program moving forward!

New Fall Schedules

Bonnie Walters and Rachel Carballo

The fall volunteer season will begin on Tuesday, September 4, 2018, the day after Labor Day. We are in the process of creating the master schedule for both the Information and the Wings Desks. Please let us know as soon as possible if you will not be returning to the position you had last spring. We hope to have the schedules completed and ready for distribution by mid-August.

Gift Shop

Sharll Hane

Gift Shop profits for the month of June were \$6,194.18 and \$89,129.01 for the year.

Profits from Sales

Mary Lou Minnick

Profit from Mindy's Jewelry sale on May 24 was \$243.00

Profit from the June 25-26 uniform sale was \$1,710.35.

Sewing Group

Elsie Warnock

The Sewing Group has enjoyed a very busy and productive year. Typically, there have been between ten and twelve members sewing on the first Tuesday of the month. We completed 1056 neck pillows; 1026 surgical pillows; 400 walker bags; 30 activity aprons; 50 pockets for heart monitors; 604 heart pillows; and 100 knitted baby hats. In addition, knitted baby blankets and other specialty items were provided as requested by various hospital departments. The volunteers worked 1872 hours at FMH and at home.

All material for the above items is donated to the sewing group, so keep the cotton material coming—it is greatly needed and appreciated. We especially need heavy-weight materials for the walker bags.

New members are always welcome. In addition to sewing, there are other tasks such as cutting, pressing, and stuffing with fiber fill that is necessary. Anyone interested in participating should contact the Sewing Group.

Membership Dues

Sharen Neal

DID YOU MAKE YOUR DUES PAYMENT YET?

Thank you to all who have renewed and paid your membership dues for 2018-19!

We still have many active volunteers who haven't yet paid, and we'd appreciate it if you could mail in or drop off your \$10 at the Volunteer Office. If you are mailing a check and don't have the invoice you were mailed, please just note on the check memo line that it is the dues payment; if for more than one person, note the names. Cash should not be mailed; however Denise can take it at the office and will have the form to go with it. Please note that even if you are taking part of the year off, you are still required to pay your dues on time; we do not prorate.

If you are not volunteering anymore and have gotten an invoice and a payment reminder, please let me know (SNeale-FMHA@comcast.net or (301)378-2543) so we may update your record. But please keep in mind that **even if you cannot volunteer, you can still be an associate** by paying the dues; you will still receive the monthly newsletter and be included in activity information and invitations!

Thank you again for all of your support!

Gift Shop

Sharll Hane

Summer is here and it is time for vacations, picnics, and time with family and friends. Stop by and check out our items from McCutcheon, Bar-B-Q sauces, salsas, and relishes. We have games to take on trips and several sets of trivia. We also have our regular gifts like tea pots, mugs, and stuffed animals.

Remember, we are now opening at 7:00 am on the last Tuesday of every month for the employees who work late nights.

We are currently looking for volunteers to work on the 1st, 3rd, and 5th Sundays from 1:00 pm to 4:00 pm. See Sharon Hannaby in the volunteer office if you are interested.

<p><u>100 hours</u> Sharon MacCracken Diborah Yimer Linda Gery Andrew Kindred Jennifer Marshall Deborah Irwin Sharon West</p> <p><u>500 hours</u> Gail Bree Victoria Snyder Janet McKay Esther Ziegler Terri Cameron</p>		<p><u>1,000 hours</u> Patrick Eckenrode</p> <p><u>2,000 hours</u> Carol Norris Arnold Satin</p> <p><u>6,000 hours</u> Nancy Speck</p>
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Hour-by-Hour

Hours Committee

Total hours in May 2018:
7,109 by 515 volunteers

Total hours in June 2018:
6,849.75 by 459 volunteers

College: 547.50 hours by 56 volunteers
Junior: 768.75 hours by 108 volunteers
Senior: 5,792.75 hours by 351 volunteers

College: 940.50 hours by 64 volunteers
Junior: 1,100.75 by 105 volunteers
Senior: 4,808.50 by 290 volunteers

Total hours July 1, 2017, through June 30, 2018:
82,484.00 hours by 719 volunteers

College: 6,933.50 hours by 105 volunteers
Junior: 8,927.50 by 157 volunteers
Senior: 66,623.00 by 466 volunteers

R&A Committee Report

Jan Lounsbury

The July Volunteer of the Month is Brenda Myers, who volunteers early mornings at the Information Desk, at the Surgical Information Desk, and at Select Seconds. In addition, she serves on the newsletter circulation committee, occasionally helps in the volunteer office, and substitutes for other volunteers. Brenda has been a volunteer since December of 2014 and has accumulated over 2616 hours of service. She has been presented with a gift certificate to the Giant Eagle grocery store.

The FMH Auxiliary Volunteer Recruitment and Appreciation Committee express their sincere gratitude and thanks to Brenda.

The grand reopening of Select Seconds will take place on **August 4th**, just in time for First Saturday! Please stop in to check out our newly renovated store, freshly painted with new carpet, lighting, and other upgrades. Our shop has never looked better, and we would like to offer a big thank you to the hospital and auxiliary for making this happen!

After the improvements were complete, we had the monumental task of moving furniture and fixtures, cleaning, and restocking the shop. Thank you to the volunteers who weren't afraid to get their hands dirty preparing the store for reopening. We couldn't have done it without you!

We will resume accepting donations on Monday, August 6th. We appreciate everyone's patience during the store's closure, and our dedicated crew is looking forward to once again serving our patrons.



**Grand Re-opening!
Saturday, August 4**

**8 E. Patrick Street, Frederick, M.D.
301-662 -8280**

**'Like' us on Facebook
<https://www.facebook.com/SelectSeconds/>**

IN MEMORIAM

With gratitude for having known and worked with the following FMHA members and with sorrow at their passing, we acknowledge the following members. They will be greatly missed.

Former FMH Family and Auxiliary Member, Mildred "Millie" Cerstvik. Millie passed away on June 24, 2018. She was 86 years young.

Millie was an active volunteer from February 1999 until January 2013. Millie had given 2,065 hours of service to the hospital as a Wings Volunteer. Millie enjoyed talking with people and helping others.

Memorial contributions may be made in Millie's name to the Alzheimer's Association, 225 N. Michigan Avenue, Fl.17, Chicago, Illinois 60601.

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Dick Kreh passed away June 24, 2018, at the age of 89. Dick was a volunteer starting in October of 1997, serving on the television service. In 2000, Dick started volunteering as an ED liaison and moved into the ED treatment area in 2004. Throughout his time here, he helped at Select Seconds where his wife, Betty, serves as the chairman/manager. He volunteered as recently as May 23, 2018, and had 4532.5 hours.

Dick truly loved people and enjoyed his work as a volunteer. He could usually be found in patient rooms in the ED talking with patients and helping them pass time while they waited.

FMH family and Auxiliary member Fred Hochhauser passed away unexpectedly July 6, 2018. Fred was 82 years young.

Fred began volunteering in October of 2009 and worked as recently as the last week of June. He began volunteering as a Wings volunteer, and for the last 7 years he served as a volunteer in the lower level administrative offices. He had nearly 900 hours of service to FMH.

At the request of the family memorial contributions may be sent to the American Diabetes Association (diabetes.org) or to Frederick Memorial Hospital (fmh.planmygift.org).

Volunteers/Hours FY1985–FY2018

YEAR	# VOLS	HOURS		YEAR	# VOLS	HOURS
1985	479	64,311.50		2003	767	85,251.50
1986	540	70,465.50		2004	744	78,343.50
1987	528	70,693.25		2005	734	78,441.25
1988	613	73,932.25		2006	711	76,490.75
1989	555	73,549.50		2007	767	86,846.00
1990	699	77,285.20		2008	815	84,898.50
1991	707	85,797.00		2009	836	83,311.15
1992	837	95,489.75		2010	772	83,181.25
1993	783	97,518.65		2011	781	89,382.75
1994	816	94,622.50		2012	759	86,889.25
1995	863	93,917.75		2013	705	89,636.50
1996	884	95,493.00		2014	682	88,478.75
1997	1,004	98,213.25		2015	668	85,098.75
1998	1,023	93,609.25		2016	654	78,806.00
1999	976	93,761.25		2017	679	79,311.75
2000	981	93,232.25		2018	716	82,484.00
2001	952	94,394.00				
2002	991	100,229.00		TOTAL		2,903,366.50



Frederick Memorial Hospital Auxiliary
400 West Seventh Street
Frederick, MD 21701

Non-Profit Organization
U.S. Postage Paid
Frederick, MD. 21701
Permit No. 6

CURRENT RESIDENT OR:



August 22-23-24: Books are Fun—Cafeteria

October 17-18: Uniform Sale—Auxiliary Conference Room

October 24-25-26: \$6.00 Sale—Cafeteria

November 27: Mindy's Jewelry Sale—Cafeteria