



the Stethoscope

A Monthly Newsletter of the FMH Auxiliary and Volunteer Program

400 West 7th Street Frederick, MD 21701

Volunteer Office: 240-566-3567 - Website: www.fmh.org

Stethoscope Website: <http://www.fmh.org/About/Volunteering/Newsletter.aspx>



6 New Members

Michael Acquaviva

Susan Snyder

Lorna House

Cathryn Alschuler

Olivia Foy

Emily Osborne

Newsletter Committee 2018 Issue 02

Editor and Co-Chairs:
Jan McLoon/Jacob Moseley

Circulation Committee: Jacob Moseley, Beth Callahan, Karen Dotterer, Dorothy Kovatch, and Brenda Myers

President's Message

Joseph Collins

It's hard to believe that March is here, the glory of spring is just around the corner and hopefully the nasty flu season is ended. While Old Man Winter may still have a few cold, wet weather tricks up his sleeve, we are ready for whatever he has to throw at us.

February was another great month for the Auxiliary. We had a very successful Uniform Sale, the Gift Shop had a strong Valentine Day Sale and Select Seconds continued to experience good sales.

The Annual Auxiliary Membership Meeting and Luncheon will be held on Thursday, June 14, 2018, at the beautiful Ceresville Mansion. We are again very fortunate that Mr. Tom Kleinhanzl, President of Frederick Memorial Hospital, as a thank you to the Auxiliary for its dedicated service to the hospital, has graciously agreed to cover the cost of the annual luncheon. A luncheon flier with detailed information and a reservation form will be included in next month's newsletter.

Again, we want to extend a GIGANTIC "Thank You" to Mr. Kleinhanzl and the entire staff of Frederick Memorial Hospital for recognizing the Auxiliary volunteers.

In late March we have the Fudgie Wudgie Sale and at the beginning of April, we have the popular \$6 Sale. I want to thank all the volunteers for their unwavering dedication and service and look forward to an exciting spring season.

Dear Friends,

I hope you have had a healthy and safe winter. Spring will be very welcome after the record cold weather we have experienced. We have a few more chances for snowstorms, but spring is definitely coming soon.

I was very proud to see so many volunteers supporting our cause during National Wear Red Day last month. This effort is specifically aimed at raising awareness of cardiovascular disease among women. Heart disease continues to be the number one killer of women but is still often viewed as an older man's disease. Raising awareness and providing education is very important, so I thank you for supporting our mission to improve the health and well-being of the community we serve.

You may have heard the term "Patient-Centered Medical Home" being used recently. That is because our own Monocacy Health Partners Parkview Medical Group has been certified by the National Committee for Quality Assurance as a Patient-Centered Medical Home. The goal for a medical home model is to put the patient at the center of his or her own care. Our medical team provides the education and resources needed to make smart healthcare decisions, and then they rely on the patient to help design their own care plan. With 24/7 provider access and after hours care, this is all part of our ongoing work in population health and provides a great resource to the community.

In other recent news, CMS (Centers for Medicare and Medicaid Services) released their 2018 rankings, for the first time including Maryland hospitals. FMH was given 5 Stars, the highest possible rating. We are one of only four hospitals in Maryland to achieve this rating. Nationally, only 7% of hospitals received this top score. If you are interested in learning more, go to <https://www.medicare.gov/hospitalcompare/>.

As always, thank you for the employee events you bring to the hospital. I know staff members truly appreciate the convenience of the Uniform and Shoe Sale. You provide a convenient service to our team while also raising money to support the health system.

We had a successful blood drive recently and I was grateful to see volunteers supporting this effort and donating blood. Your willingness to go above and beyond is appreciated by myself and the senior team.

Thank you for your efforts to help us deliver the best possible care and customer service to our community. Your time and your talent make the difference!

Best regards,



Tom Kleinhanzl
President and CEO
Frederick Regional Health System

It's clear that our volunteers do many things for FMH but are you aware of two programs that we can offer to you (one for free and one for almost 50% off)



FMH Select is a program for those of us who are over 40 years of age. Members receive newsletters/calendars with health and wellness activities, including learning lunches. You can receive free assistance with insurance claims, Living Wills, Advance Directives, etc. As an Auxiliary Member, your membership to FMH Select is FREE! If you are interested, please contact Cookie Verdi at 240-379-3700 or fmhselect@fmh.org.



FMH's ProMotion Fitness program is offered at a steep discount (almost 50%) for ACTIVE volunteers (you must volunteer at least 6 hours per month to receive the discount). ProMotion Fitness is a medically supervised exercise program and is located at the FMH Crestwood location. For more information, call 240-215-1470 or <http://www.fmh.org/Locations/ProMotion-Fitness-.aspx>.

I hope that you will check out these programs and participate if you are interested. They are just one way that FMH can say "Thank You" for all that you do for us.

Always!!



The items in our animal print themed window will be available for sale to the public on March 10th. Beginning March 13th, our store window will be themed with bridal wear.

Also mark your calendar for our **Semi-Annual Bag Sale**, coming up **March 22nd and 23rd**. Pack as many items as you can in a bag for only \$5.00 (bags are provided). Our store will be closed to the public on March 24th while we clean and restock with fresh merchandise and spring and summer fashions.

Donations Wanted – We are still in need of donations, especially men’s and children’s clothing. Please keep us in mind when cleaning out your closets or downsizing your home.

A Message from the Volunteer Coordinators

Bonnie and Amy

Happy spring everyone!

The new spring schedules began on January 30th.



If you are an **Information Desk or Wings Desk volunteer**, please **pick up your revised schedule** at your work area and discard any old copies, as things are always changing! Believe it or not we are already beginning to think about the summer schedule and will be sending out many applications to junior volunteers. If you have any interest in assisting in the training of these new junior and college students, please let Amy or Bonnie know in the office. Any help is greatly appreciated. Also, please let us know as Information Desk or Wings desk volunteers if you plan to continue over the summer or will be taking a brief break. This helps us to determine how many openings we need to fill. The summer schedule will begin Monday, June 18th.

Thank you again for all you do and for your generous gifts of time and talent!

SAVE THE DATE: The FMH Volunteer Picnic has been scheduled for Wednesday, June 6, 2018 at the Monocacy Village Park Pavilion from 5 p.m. until dark. Please mark the date on your calendars. More information will be announced at a later date.



**Wednesday, June 6
5:00 pm until dark
Monocacy Village Park Pavilion**

Our February Volunteer is Graylie Icard, a junior in high school who has worked with Wings since April of 2017. Graylie is looking forward to a career as a physician’s assistant. She has received a gift card in appreciation of her service.



The R&A Committee is in need of ideas for activities and also for members who would be interested in attending as-needed monthly meetings at the hospital and to offer ideas for both appreciation activities and recruitment possibilities. If you are interested or know someone who might be interested, please contact me at patricia481@comcast.net.



<p><u>500 HOURS</u></p> <p>Mehry Reid Richard Hofmann Robert Utt James Eckhardt</p> <p><u>1,000 hours</u></p> <p>Pamela Schaffer</p>		<p><u>3,000 hours</u></p> <p>Anne Cassel Neil Jenkins Marian Evans</p> <p><u>6,000 hours</u></p> <p>Pat Nusbaum</p>
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Valentine's Day is now past, and we are thinking of St. Patrick's Day and Easter. Stop by the Gift Shop and see the St. Patty dolls and cute chicks and bunnies. We have new baby items, balloons, and lots more.



We are still looking for volunteers to work the 1st, 3rd, and 5th Sundays. We also need someone for the 1st, 3rd, and 5th Monday afternoons. If anyone is interested, please see Sharon Hannaby.

Volunteer hours for the month of January 2018 were:



Juniors: 729.00 hours by 74 volunteers

College: 521.50 hours by 49 volunteers

Seniors: 5,626.25 hours by 320 volunteers

Totals hours given in January, 2018: 6,876.75 by 443 volunteers



Hours:

There has been a change in recording hours. We no longer use the last 5 (five) digits of your Social Security number. We are now using the last 5 (five) digits of the number under your picture on you ID BADGE. Please start using this new number immediately.



Fundraising

Mary Lou Minnick

Profit from the Uniform Sale, held February 14-15, is \$2,409.43.

Select Seconds

Betty Kreh

Sales thru January 31, 2018, is \$11,430.94

Gift Shop

Sharll Hane

Gift Shop profits for the month of January was \$8,648.33.



Frederick Memorial Hospital Auxiliary
400 West Seventh Street
Frederick, MD 21701

Non-Profit Organization
U.S. Postage Paid
Frederick, MD. 21701
Permit No. 6

CURRENT RESIDENT OR:



March 29-30—Fudgie Wudgie

April 9-10—\$6 Sale

May 9-10-11—Books are Fun/Collective Goods

May 24 --Mindy's Jewelry Sale

June 14—Annual Membership Luncheon