



Spring 2022



the Stethoscope

A newsletter of the Frederick Health Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: www.frederickhealth.org
Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

Auxiliary President's Letter

Pat Ray

Happy Spring everyone! I am glad to see some green outside my window, and I am loving the warmer temperatures (when Mother Nature cooperates). I hope all of you are enjoying the warmer weather and the longer days.

This will most likely be my last article as Auxiliary President as my term ends on June 30. It has been my honor and privilege to represent the Auxiliary to the Hospital and Health System Board, as well as at our MAHA (Maryland Association of Hospital Auxiliaries) and to anyone else who asks. The work that each of you do, no matter what service you perform or where you work, is critical and important – not only to the hospital but to our patients, our visitors and our community. Your dedication and smiles do not go unnoticed.

I had the honor to be the guest speaker at the Frederick Business and Women's Professional Association this month, and they were quite shocked to learn all that our volunteers do at Frederick Health. They had no idea how much money you have raised over the years (over \$10 million dollars), or how many thousands of hours of service you perform each year. They were very impressed, and I hope that we are able to get more volunteers since they are more informed of the breadth and depth of work that you perform.

Our Annual Meeting will be held on June 2 at Morningside Inn. It will be, as in the past, on a first come, first served basis. We will be sending out more information soon – you will have to sign up online. At this meeting we will vote on and welcome our new officers, hear from President Tom Kleinhanzl and Chairman of the Board the Honorable Stephen Johnson, and give our monetary gift to the hospital at that time. Please be sure to sign up as soon as it is available since seating is limited, and if for any reason you must cancel, please give us 48 hours' notice so others may have your seat if you can't attend.

We still have many services that are in need of volunteers. The R & A committee will be glad to come to any civic association or gathering to talk about the Auxiliary. Please encourage your friends to join us – we are truly a great place to spend time!

As I noted before, it has been my pleasure to serve as your President. I have met so many of you and you all are a bright spot in my day as well as our patients. I thank you from the bottom of my heart for all of your support, and I know that you will support our incoming President Harriet Brown with the same kindness you have shown me. Thank you for all you do!

Hospital President's Message

Tom Kleinhanzl



Dear Friends,

As we enter the spring season, I hope that you are enjoying the warmer weather. I know that spring has always been one of my favorite seasons. Just as spring signifies a new year and a new beginning, it also signifies a season of change in our healthcare network.

While we have spent the better part of two and a half years battling the COVID-19 pandemic, we are finally seeing a significant decrease in both our hospitalized cases and national positivity rates. When we last spoke in January, our community was beset by the Omicron Variant. At that time, we were experiencing record hospitalizations. Now, three months later, as I sit to write this letter, we have only four COVID-19 positive patients in our care. It has been a remarkable turnaround. This pandemic is not yet over, but just like the daffodils and tulips in our gardens, we are emerging from the dark days of winter.

Part of those successful efforts have been booster doses. If you haven't heard, the Centers for Disease Control (CDC) recently recommended a fourth booster dose for individuals over the age of 55. I've always said that our team members are our greatest asset and keeping you safe is our top priority. I'd encourage any of you that haven't received your fourth booster dose to do so. The continued progress made against COVID-19 could not have happened without your steadfast dedication and a true sense of team spirit. When Frederick Health needed you, you answered the call.

Frederick Health is continuing its own transformation and I am pleased to announce that the new critical care addition being built at the hospital is slated to be open this summer! Construction efforts have been underway for over a year on this valuable addition to our hospital. We greatly anticipate the opening of this state-of-the-art facility.

Going forward, we must not forget one of the most valuable lessons learned through this pandemic – we are better when we work together. The sense of community and purpose shared by so many during the COVID-19 pandemic should not be left by the wayside. We should remember what we have learned and what we have experienced. We have weathered this storm as a team, all of us working towards the same goal of caring for our community. In those efforts, make no mistake, the contributions of the Auxiliaries cannot be overstated.

On behalf of the entire Senior Leadership team, thank you.

Kind regards,

A handwritten signature in black ink that reads 'Thomas A. Kleinhanzl'.

Tom Kleinhanzl
President & CEO
Frederick Health

Director's Letter

Sharon Hannaby

During National Volunteer Week (April 17-23) we were able to celebrate our amazing group of dedicated volunteers. Frederick Health is truly blessed to have committed volunteers who stood by us during the pandemic. From the group making PPE at the beginning of the COVID outbreak to our many volunteers who returned to duty here in the hospital and at our many offsite locations – our deepest gratitude goes out to you. Frederick Health is truly grateful for all that you do for our patients, visitors, and staff.

The Volunteer Office has 2 special anniversaries. Denise Zigler and Bonnie Walters recently celebrated 5 years as members of our department (Denise has been with Frederick Health for 43 years). These two wonderful ladies are truly assets to the hospital and the department. Bonnie's many years as a high school teacher have brought our Junior Volunteer program to a new level of student accountability in their volunteer roles. Denise is the glue that holds the department together and she is the queen of paperwork. Please congratulate them on 5 great years of service.

Post-COVID we are still very much in need of volunteers. The number one reason given for why people began volunteering is simple – someone asked them to help. Please help recruit by asking your friends, family members, and neighbors if they have a few hours per week to spare.

The world is a very different place in many ways than it was 2 years ago, but what remains the same is our volunteers' caring spirit.

Always!!

VOLUNTEER SURVEY RESULTS

Thank you to the 189 adult volunteers who responded and completed the recent Volunteer Engagement Survey. The information is valuable in rebuilding and making improvements to our volunteer program. Overall, most volunteers

- Are very satisfied with their volunteer work.
- See the positive impact of their volunteer time.
- Stated that expectations are clearly defined
- Feel valued as a volunteer.



Lunch Bunch

YOU ARE INVITED

- What: Frederick Health Auxiliary's Lunch Bunch
- When: Thursday, May 19
- Time: 11:30 AM
- Where: Ragin's Reef, 506 E Church St, Frederick, MD 21701

To R.S.V.P. to this special gathering event, please click the link below:

<https://forms.frederickhealth.org/220973839343969>

All About Fundraising

Joe Collins

As we spring forward into the warmer weather, fundraising/vendor sales are in full swing. We have already had three (3) successful sales – Super Shoes (uniforms), Lancaster Linens and Mindy’s Jewels to kick off the season. In April we have three (3) more sales scheduled. They are Fudge Farm, \$7 Everything Sale, and Collective Goods (Books Are Fun). The return of Fudge Farm on April 6th and 7th brought delicious homemade chocolate candy. The \$7 Everything Sale brought a wide variety of goods all priced at \$7 or less on April 11th and 12th. Finally the ever popular Collective Goods returns on April 28th and 29th with its mix of books, gadgets, items for the home and more. The later two (2) sales both have payroll deduction available.



We will have Super Shoes returning on June 1st and June 2nd for another uniform, shoes, and accessories sale that will have payroll deduction.

Those vendor sales offering payroll deduction require volunteers to operate the Quick Charge machine. These vendor sales provide the staff the opportunity to purchase a wide variety of products and goods at reasonable prices without leaving the hospital while providing the volunteers with another opportunity to interact with staff. At the same time the Auxiliary receives a commission from the vendors that helps it to fulfill its financial pledges to the hospital. All sales are held in the hospital cafeteria area so you are close to food and drink, if needed. The Quick Charge machine is simple to operate and shifts are no longer than three (3) hours and standing isn’t required.



We have a full slate of vendor sales scheduled for the remainder of the year and need your help to make them successful. While fundraising may not be as glamorous as some of the other volunteer services, it’s a great way to participate in a service that raises funds, provides a great opportunity to interact with hospital staff, and earns a few additional volunteer hours. You might even find a few minutes to do a little shopping and find a few bargains. Give us a try. You might find it enjoyable and a way to expand your volunteer involvement while benefiting Frederick Health Hospital and making the Frederick Health Auxiliary the best volunteer organization in Maryland.

Thanks for your continued support!

NEWS FROM THE MEMBERSHIP COMMITTEE

Welcome to our new members of the Auxiliary. We are very happy to have you. Keep Spreading the Word.

- Carolyn Arnold Jeanette Coffin Carol Lindsay Celia Kirby Melanie Hoyt
- Arnie Satin (Returning) Mohammed Shafieinouri Mary Weber

Auxiliary membership dues are due in August 2022. More information will be sent in June. Stay tuned.

Select Seconds

Pam Schaffert, Co-Manager

Spring is here!

March was a big month for us! If you were fortunate enough to attend the Auxiliary Fashion Show, you would have seen some beautiful outfits modeled by auxiliary volunteers. Select Seconds provided everything from clothes, shoes, purses, hats, and jewelry which were immediately available for sale after the show. We also had a table set up and sold blue tag clothing, jewelry, and accessories during the event. If you missed it, consider coming next time. It was a blast.



Our Bag Sale was a big success in March, too. Thanks to all who worked and prepared for the event, as well as our loyal shoppers. Now that fall and winter items are gone, the store is completely restocked with spring and summer merchandise. Our store displays will provide lots of ideas for your wardrobe and your home. There is so much to choose from; no supply chain problem here. Don't forget that all Frederick Health volunteers and Frederick Health Rewards Members get 10% off their purchase. Plan to come see us soon!

In addition to our regular hours, Mon-Fri 10:00 am—4:00 pm and Sat 11:00 pm - 4:00 pm, we are also open on 1st Saturdays until 8pm.

We are in constant need of new volunteers to work the store, whether it be sorting donations or clerking up front. If interested, please contact our Volunteer Services Office, and let them know you would like to join the Select Seconds team!

For the latest on Select Seconds, **follow us on our Facebook page @SelectSeconds.**

Fashion Show



Photos (Left to Right) - Nancy and Bob Manthey, Alberta "Bert" Fiske, and Holly Heizer / Photos by Jan Kennedy

Volunteer of the Month



February's Volunteer of the Month was Linda Gery. Linda, who has been a FHH volunteer since 2017 and has 440.5 hours, works in the NICU once a week restocking supplies, running errands, and cuddling with the infants. She has also helped with the COVID vaccine call center. Volunteering gives Linda great satisfaction in knowing that she made a difference in somebody's life.

Ginny Queen (No Photo Available) is the March's Volunteer of the Month. She started volunteering on August 20, 2009. She currently volunteers at the Gift Shop but previously volunteered at the Info Desk and with the Knitting group. She has over 2,000 hours of volunteer service.



Volunteer Snapshot



Photos (Above) - Susanne Basford (Left) and Terri Hawkins (Right) Working at Select Seconds / Photos by Hongwei Xu



Photos (Above) - Linda Allen (Left) and Dottie Burhans and Carol Powell (Right) at the Fashion Show / Photos by Jan Kennedy

Slate of Proposed Officers

Ellen Noland

The Nominating committee proposes the following slate of nominees for the open FHH Auxiliary offices for the period of July 1, 2022 through June 30, 2024. These nominees will be voted on at the election to be held at the **Auxiliary Annual Meeting on June 2, 2022.**

Proposed Slate of Officers:

President Elect: Roxanne Ramsburg - Roxanne currently serves at the Information Desk, SIVS and is Co-Chair of Hours Committee

2nd Vice President: Ellen Noland - Ellen currently serves as Co-chair of Hours Committee. Ellen has previously been President of the Auxiliary, 2nd Vice President and served on various volunteer positions.

Treasurer: Sharen Neale - Sharen is currently the Treasurer of the Axillary and accepts the position for another term

Corresponding Secretary: Jan McLoon - Jan has previously Chaired the newsletter, and has been Deputy Financial Secretary and served at the Information Desk.

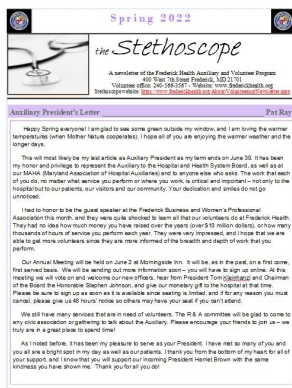
All are active members.

Frederick Health Auxiliary Executive Board Members

- President:** Pat Ray **President Elect:** Harriet Brown
- 1st VP:** Joe Collins **2nd VP:** Jan Kennedy
- Treasurer:** Sharen Neale **Corresponding Secretary:** Donna Tisdale
- Recording Secretary:** Peggy Rosenbluth **Financial Secretary:** Kathy Soria



Newsletter Staff - Spring 2022 Edition



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 - Visit Us:** 400 W. 7th Street, Frederick, MD 21701
- We appreciate your feedback, comments and questions.



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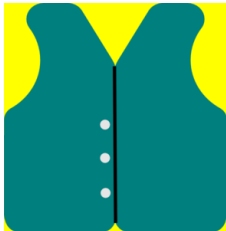
CURRENT RESIDENT OR:

Important Reminders



A reminder that all **uniform policies** are to be adhered to. If in doubt, please contact the Volunteer office for clarification.

Masks must be worn on Frederick Health properties at all times.



Parking deck is now being equipped with additional security installations. These enhancements will include new card readers on all ground-level stairwell doors. Beginning March 7, a badge swipe is required to access the stairwells as well as the south elevator. All pedestrian traffic into the gated vehicle entrances is monitored. Do not let unidentified individuals in behind you and alert security immediately to any suspicious activity.



<https://www.frederickhealth.org/about/volunteering/>



<https://www.facebook.com/FrederickHealthAuxiliary>