



HEALTHIER FAMILIES • STRONGER COMMUNITY

SHARE Food Network Provides  
Discounted Nutritious  
Groceries Every Month!

APRIL 2024

# MENU



Visit [www.FrederickHealth.org/SHARE](http://www.FrederickHealth.org/SHARE) to order.

For more information, call the Frederick Health SHARE hotline at 240-566-7427.

## A Value Package: \$26

- 5 lb. Chicken Thighs
- 2 lb. Chicken Tenders
- 1 lb. Imitation Crab Meat

Value package  
includes 8-10  
pounds of  
fresh fruits and  
vegetables!



## ALL SPECIALS *Limited quantity | All menu items subject to change*



\$19

B

### Cinco de Mayo Meat Combo

- 1 lb. Beef Strips; 1 lb. Chicken Strips;
- 1 lb. Pork Strips (includes Seasoning Packet)



\$39

C

### Sirloin Steak

- 8 - 8 oz. Sirloin Steaks



\$24

D

### Pork Roast Special

- 10 lb. avg. Pork Roast

## Everyone can SHARE! Will you?

1. Anyone can order online at [www.FrederickHealth.org/SHARE](http://www.FrederickHealth.org/SHARE).
2. For EBT payments or help with an order, call 240.566.7427 (SHAR).
3. Orders will be distributed from 8:30-10 AM on Saturday, April 20th at Frederick Health Village.
4. 4. Orders are due by 12 noon on Friday, April 5th.