



HEALTHIER FAMILIES • STRONGER COMMUNITY

SHARE Food Network Provides
Discounted Nutritious
Groceries Every Month!

JULY 2023

MENU



livelwell
FREDERICK



Visit FrederickHealth.org/SHARE to request a call back to place an order.
For more information, call the Frederick Health SHARE hotline at 240-566-7427.

A Value Package: \$26

2.5 lbs. Chicken Thighs
5 lbs. Chicken Drums
1 lb. marinated Beef Portions

Value package
includes 8-10
pounds of
fresh fruits and
vegetables!



ALL SPECIALS *Limited quantity | All menu items subject to change*



\$38

B

Sirloin Steak Special

8 - 8 oz. Sirloin Steaks



\$25

C

Mixed Poultry Box

1 pkg. Turkey Breast Chops, 2 - 1 lb.
Ground Turkey, 1 pkg. thin Chicken
Breast, 2 - 1.2 lb. pkg. Whole Wings



\$29

D

Salmon Special

5 lb. box of Skin-on Salmon Filets

Everyone can SHARE! Will you?

1. Frederick Health employees can order and pay in the hospital cafeteria.
2. To order and pay by phone, please complete a callback form here:
FrederickHealth.org/SHARE
3. Orders will be distributed from 8:30-10 AM on Saturday, July 22nd at
Frederick Health Village.
4. Orders are due by noon on Friday, July 7th



Frederick
Health

CatholicCharitiesDC.org/Share | SHAREORDERS@CC-DC.ORG | 301-864-3115 or 800-21-SHARE




SHARE Food Network Order Form

****Please submit paper orders in Cafeteria by Friday July 7th at 12:00 noon****

All menu items are subject to change due to availability

ITEM	PRICE	QUANTITY	TOTAL
A. Value Package	\$26		\$
B. Sirloin Steak Special	\$38		\$
C. Mixed Poultry Box	\$25		\$
D. Salmon Special	\$29		\$
Order Total			\$
1. PAY at a cafeteria register * 2. Attach receipt 3. Drop in SHARE order box			

** For orders outside of Frederick Health, and all orders paid with EBT, please leave a callback request at www.frederickhealth.org/SHARE . Call the SHARE hotline 240-566-7427 to request help with your order. **

Please Initial	<p>I will pick up my order at Frederick Health Village on Saturday, July 22nd between 8:30 am - 10:00 am</p> <ul style="list-style-type: none"> - Frederick Health Village is located at 1 Frederick Health Way. - Enter from Monocacy Boulevard and follow signs for Order Pickup. - Distribution updates will be emailed on 7/20/2023
Please Initial	<p>▶ I understand that SHARE food orders not picked up by the end of distribution will be donated</p> 

First Name	Last Name	Email	Phone on pickup day

*****Please watch your email for a distribution update on 7/20/2023*****